

Central Office
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310 Green St.
Fayetteville, NC
28301

Website:
fayaa.org

Upcoming Events

May 20:

District 51 Spring Fellowship, O.P. Owens Agricultural Center, 435 Caton Rd., Lumberton (From I-95 take Exit 17, head toward Pembroke.) Board will meet at 2 p.m. Workshop at 2 p.m. Speaker at 3 p.m. Food at 4 p.m.

June 10:

Founders' Day Celebration, at Paradise Acres, on John McMillian Rd (just off Chickenfoot Road) south of Hope Mills.

July 12-15:

The 65th annual State Convention. Renaissance Suites, Charlotte. Pre-registration \$12. Hotel reservation cutoff: June 22, code needed. Flyer, details: aanorthcarolina.org/

July 18:

BCR-CO Council meeting, 6:30 p.m. at board room at BCR-CO office on Green Street in Fayetteville.

July 21:

Traditions workshop presented by Tom I., sponsored by Keep It Simple and Keeping It Real at noon at Hope Mills United Methodist, 4955 Legion Rd. (Near Cameron Road, Hope Mills Middle School). "Not an eating meeting."

The Common Bond

The Newsletter of the Bladen, Cumberland, Robeson Central Office

MAY 2012

Founders' Day 2012

When: June 10

Where: Paradise Acres, 1965 John McMillian Rd., (off Chickenfoot Rd.)

Hope Mills

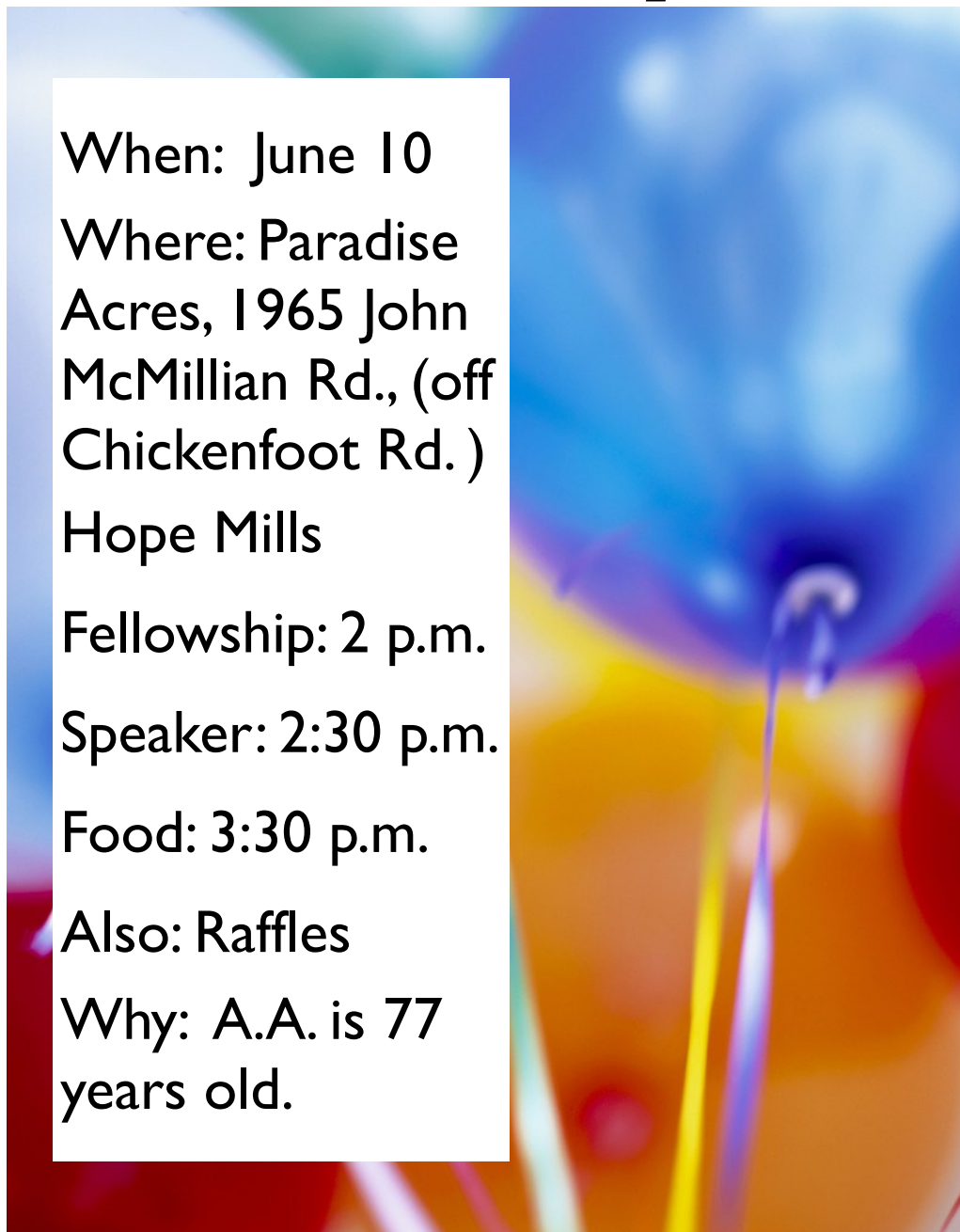
Fellowship: 2 p.m.

Speaker: 2:30 p.m.

Food: 3:30 p.m.

Also: Raffles

Why: A.A. is 77 years old.



BCR-CO Board

Chairman
Rocky O.
Vice chairman
Duncan K.
Treasurer
Dave C.
At-Large members
Bladen
(Open)
Cumberland
Mike E.
Robeson
Thomas E.
Office manager/secretary
Donny W.

Council

Central Group
Tom Mc.
Sandalwood
Tom C.
Back to Basics
Dan. A
Bare Bones
Carl S.
ODAT
Open
Fort Bragg
Andrea HR
Freedom in Growth
Darlene D.
Principles Group:
Carolyn L.
Hope Mills:
Dana R.
Little Group
Cass C.
Keeping It Real
Jacquie H.
Spring Into Action
Tommy R.
Pine Run
Craig
S.U.R.E
Jeff
Hotline
Chrystal J.
Webmaster
Jim H.
Common Bond editor
Dave C.

Region notes

Help update meeting schedules

The Bladen, Cumberland, Robeson Central Office requests that groups throughout our area help update the master schedule of meetings.

It is requested that each group check its listings on fayaa.org. Changes in the schedule should be given to your group's council member to pass on to the Central Office or send email to webmaster@fayaa.org. It's best to send email from your own account and not use the automatic email on the page. The click on email works with Microsoft email programs, but not all programs.

It has been noticed that several meetings on the list are no longer being held and the groups' help in eliminating those would be helpful. Also a number of periodic speaker meetings are not noted. We would like to know how many meetings hold oc-



casional speaker meetings and whether we need to find a way to note that.

Hope Mills sets workshop for July

The Keep It Simple and Keeping It Real groups will host a Traditions Workshop at Hope Mills United Methodist Church at noon on July 21.

Tom I. will present the workshop on the principles by which Alcoholics Anonymous operates.

The church is at 4955 Legion Rd., or as the flyer puts it, "the last church on the left

before Cameron Road/Hope Mills Middle School." The groups also say this is "not an eating meeting" – so have lunch before you go.

Spring fellowship in Lumberton

The District 51 Spring Fellowship will be held on May 20 at the O.P. Owens Agricultural Center, 435 Caton Road, in Lumberton.

Plans call for a district board meeting at 2 p.m. Also at 2 p.m. a traditions workshop will be presented by the Bare Bones Group of Fayetteville. There will be a speaker at 3 p.m. and food at 4 p.m.

To reach the extension center, take Interstate 95 to Exit 17.

After exiting, head toward Pembroke (westerly). At the fork in the road, go right. (State Highway 72).

Make contact with the BCR-CO

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also info@fayaa.org
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Snail mail: 310 Green St. Fayetteville, NC 28301



AA Area 51 meetings set for Fayetteville

A.A. Area 51 will bring its Summer Committee Meeting to the Holiday Inn Bordeaux & Convention Center Aug. 25-26. The meetings are open only to committee members.

The Summer Committee Meeting may be a test run for three other meetings currently scheduled to be held at the Bordeaux in the coming year.

According to the Area 51 website, the Fall Election Assembly and Committee Meeting will be held Oct. 26-28 in Fayetteville. While only GSRs and DCMs can vote at the assembly, it is open to all A.A. members and usually draws a large crowd. More information on the assembly should be available later this summer.

Also currently scheduled for the Bordeaux are the Winter Committee Meeting, March 1-3, which again will be open only to committee members and the Spring Assembly and Committee Meeting, May 17-19.

Raeford's S.U.R.E. Group adds 2nd meeting

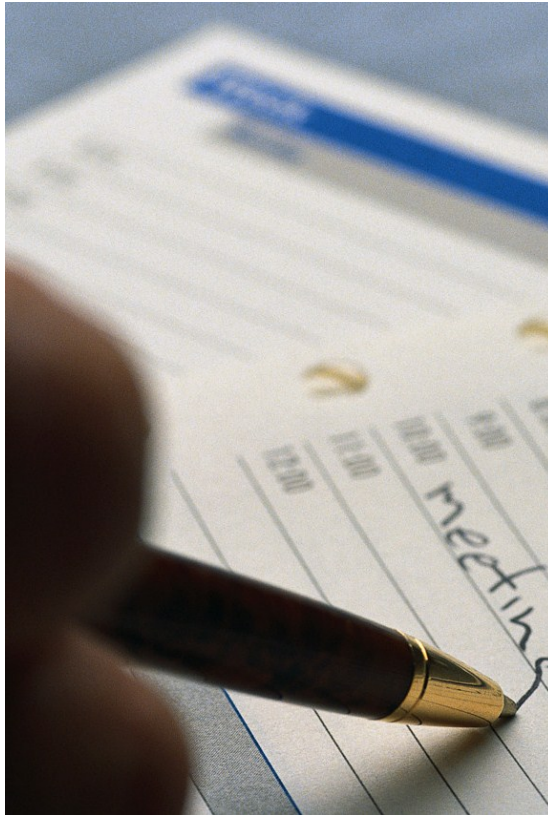
The S.U.R.E. Group in Raeford has added a second meeting.

The group was formed with the help of District 51 and District 52 with meetings on Fridays at 7 p.m.

The group now hold a meeting

on Mondays at 7 p.m. Both meetings are in the Raeford United Methodist Church, 308 N. Main St. The church is next to the Hoke County Jail.

Parking and the entrance for the meeting are in the back of the building.



Sober thoughts

(Helpful quotes for the AA way of life)

The chains of habit are too weak to be felt until they are too strong to be broken.

– Samuel Johnson

Not being able to control events, I control myself; and I adapt myself to them, if they do not adapt themselves to me.

–Michel de Montaigne

I don't have a license to drive either a car or the universe; There's a reason for this.

–Elizabeth, alcoholic

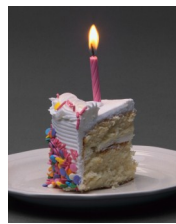
A.A. BIRTHDAYS

June 2 Tilton T. - 17	June 19 Charlie L. - 31	July 11 Mike L. - 3
June 3 Sharon C. - 4	June 20 Jerry - 24	July 13 Mitzi A. - 30
June 6 Robert B. - 3	June 27 Tom C. - 7	July 18 Mike - 5
June 10 Bethany B - 10 Bob O. - 30	July 1 Jay S. - 7	July 19 Deb S. - 22 Kate S. - 26
June 12 Charlene C. - 4	July 4 Mercedes - 5 Mercedes R. - 5	July 21 Andre C. - 4 Bernard - 3 Eric R. - 4
June 14 Craig E. - 6 Sandra E. - 6 William B. - 10	July 5 Sue S. - 6	July 24 Delores B. - 36
June 16 Tim V. - 4	July 7 Julie C. - 8	July 26 Don L. - 3 James P. - 4 Cass C. - 27
June 17 Allison K. - 8 Allison K. - 3	July 9 Greg - 4	July 31 Peaches P. - 5
June 18 Henry K. - 3	July 10 Ellie O. - 36 Terry C. - 6	

Celebrate with us

Would your group like to add its members to our birthday celebration list? Just email your information to comobond2011@gmail.com.

Include name (but not full name), sobriety date and year he or she became sober. This information will go into a master list (and will do the math on which birthday it is).



New literature available

The Winter edition of About AA, the AA World Services newsletter for professionals, had some interesting information about new and updated literature available that can be used to aid the alcoholic in recovery.

One of the publications is "The A.A. Member - Medications and Other Drugs," which recently has been updated and revised. The newsletter reports it maintains an important theme: "No A.A. member should 'play doctor.' All medical advice and treatment should come from a qualified physician."

The newsletter advises, "Some members must take prescribed medications. However, AA experience indicates that the misuse of prescription medication can threaten the achievement and maintenance of sobriety. A number of suggestions provided in this pamphlet are offered to help AA members find the right balance and minimize the risk of relapse.

"Throughout the pamphlet, emphasis is placed on critical importance of an honest and cooperative relationship between AA members who may need prescription medications for serious medical problems and the doctors who prescribe those medications."

A new publication is "A.A. for the Alcoholic With Special Needs." It contains stories from AA members who dealt with a variety of challenges: autism, brain damage, learning disabilities, blindness, deafness or hearing impairment, confinement to wheelchairs and such.

About AA reports: "Since 1996 A.A. has maintained a clear focus on "Special Needs" through an assigned staff member at A.A.'s General Service Office and in 2009 the process was begun to create a recovery pamphlet for alcoholics with special needs." Guidelines for carrying the message to the deaf alcoholic are also available.

BCR-CO Financial Report for April

Beginning Balance	1,808.77+	4/25 NCDOR Fees/Interest	25.20-	Campground	0	20.00	40.00
			745.70-	Sandal Wood	0	0	0
Date Contributions	Sales	Tax	Total	Debits from account:			
4/6	177.28	4.00	0.32	4/12 Centurylink Phone	107.91-		
4/10	270.00	18.00	1.44	4/13 Staples Newsletter	73.83-		
4/12	0.19	53.60	4.29	4/16 StraightTalk Cell	48.91-		
4/18	0	28.35	1.99	4/26 USPS Stamps	9.00-		
4/19	334.37				239.65-		
4/20	263.00			Ending Balance	2,636.12+		
4/26	620.00	33.52	2.35				
			1,812.70+				
Expenses: checks paid				Contributions	March	April	Year
4/4 GSO literature			300.80-	SOS Grp	0	0	20.00
4/6 CCF rent			240.83-	Principles Grp	0	0	120.00
4/9 NCDOR Fees/Interest			27.68-	Freedom in Growth	0	0	130.55
4/9 CAU Medallions			14.00-	Fort Bragg	0	0	0
4/27 IRS Sales Tax			137.19-	Bare Bones	0	0	344.15
				Little Grp	15.00	15.00	30.00
				Faithful Fivers			
				Michael R.	10.00	10.00	130.00
				paid through 10/28/13			
				Jim B.			60.00
				paid through 5/31/12			
				Allen G.			27.00
				Paid through 5/31/12			